



CALIFORNIA'S VALUED TRUST

Healthcare Benefits for the Education Community

Thank you for choosing California's Valued Trust (CVT) as your healthcare benefits provider. For 33 years, CVT has focused on providing responsive service and a variety of options at competitive prices. Today, we are working as hard as ever to remain the right choice for our districts, chapters and members.

VALUELINE is prepared by CVT for the leadership of our member districts and units. Your comments or suggestions for the content are appreciated. Please send them to laurat@cvtrust.org.

CVT Welcomes New Account Managers

CVT welcomes two new Account Managers, Elizabeth Perez and Tova Miracle. These ladies will serve as the dedicated liaison between CVT and district staff, units and their labor representatives for the districts in their respective areas and will report to Eric Fiedler, Director of Business Development and Account Management.

Please help us welcome Elizabeth and Tova as they transition into their new roles with CVT. We are confident they will continue providing you the support and service you have come to expect from us.

Meet Elizabeth Perez, Southern Region Account Manager



CVT welcomes Elizabeth Perez as the Southern Region Account Manager transitioning into the position previously held by Eric Fiedler. Elizabeth brings to CVT more than 24 years of healthcare and customer service experience, having held multiple account management positions in health plans including a lengthy career at CIGNA. Her background also

includes experience as an Account Executive in a brokerage firm supporting and consulting with multiple clients on their healthcare benefits, including public sector employers and school districts. Elizabeth received a Bachelor of Science in Business Management, from the University of Phoenix and is bilingual. You can reach Elizabeth Perez at **800-288-9870** or email her at elizabethp@cvtrust.org.

Meet Tova Miracle, Northern Region Account Manager



CVT welcomes Tova Miracle as the Northern Region Account Manager transitioning into the position previously held by Dave Koop. Tova brings to CVT more than 16 years of account management experience in healthcare, pharmacy benefits, wellness and other related services. Her most recent position was as the Account Executive with Accordant Health Services,

CVT's health management partner for rare conditions. Tova received her Bachelors of Social Work from Indiana University and her MBA, Concentration in Finance, International Business, and Marketing from San Diego State University. You can reach Tova Miracle at **800-288-9870** or email her at tovam@cvtrust.org.

CVT Offers Wellness Grants in 2017



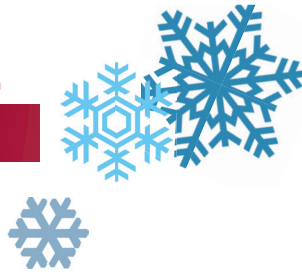
Is your school district interested in organizing

staff wellness activities and events? Through CVT's Fit for Life Wellness Programs, any CVT school district can apply for a wellness grant. Most grants will be in the \$200-\$500 range. Activities and events could include fitness challenges, healthy cooking demonstrations, walking challenges, and any other activity or event that promotes health and wellness among all employees. If interested, please call Robin Wood, Health Program Manager at **800-288-9870** or email fit-for-life@cvtrust.org with questions or to request an application.

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Prescription Benefit Coverage Modifications



CVT is continually evaluating ways to manage the rising cost of drugs. In recent years CVT has implemented a number of changes that have provided significant savings. To that end, CVT has announced a new modification for CVS/caremark's Specialty Copay Program. Effective March 1, 2017, CVT's

Pharmacy Plans A, B, C and D will be modified and current or existing CVT specialty and copays will continue to apply if copay assistance is not available. If copay assistance is available for specialty medication, the copay amount may vary and will fall under the CVS/caremark Specialty Copay Program. The copay will vary by the drug and will be no more than \$50 for up to a 30 day supply. This modification currently impacts fewer than 200 members, however, it will provide significant ongoing long term savings to all CVT members. Eligibility for copay assistance is dependent on the applicable terms and conditions required by the program and are subject to change. For more information, please contact CVT Member Services at **800-288-9870**. More information regarding specialty medications can be found at caremark.com/specialty.

MDLIVE[®]

MDLIVE account by March 31st. Visit MDLIVE.com/cvt for details.

CVT and MDLIVE are offering a chance to win one of FIVE \$100 gift cards for eligible members who activate their



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